

G R F



NEWS

Designed by Sally E Calder

March 2012

*Changing the world
one greyhound at a time!*

Along with our regular kennel update we begin to focus more on our upcoming dog show and look for help from all of our followers in making this another successful day. We are also trying to contact details of last year's winner and if anybody could help could they please get in touch. This month sees us start a new article on greyhound stories around the world I hope you enjoy and ends with another couple of tasty recipes and some brain teasers to keep the old grey matter working ! I hope you enjoy.

Kennel update

Dogs in :

MIKE BEN LADDIE MISTY LUCIE LIBBY NINA NITA REX.

Dogs out :

SALLIE TROY SYKES EMMA ELLA JILL

Many of you who have been following our forum postings will have been following FRANKIE'S progress. If you remember FRANKIE came to us when he was barely 7 months old is a wonderful little guy. However he has a liver shunt. This means that his liver is being bypassed. We are currently trying a medical solution whereby he can only eat a special Hills diet food. Anything else could be dangerous for him, in spite of him trying to eat everything in sight !!. It is almost impossible for him to put on weight. This medical attempt has a slight chance of correcting the problem. He is a very happy,



loving wee chap who is pleased to see everybody. He has to have his medication throughout the day so Susan has taken him home to look after him and he is living with his new girlfriend SOX. Recent blood tests have shown a slight improvement but there is still a long way to go. He is becoming a real puppy now !! and all at GRF have our fingers crossed for him.

The building of a manager's house at our Baltree kennels is still ongoing. However, in the next few days we hope to get our proposed house plans validated. Which will then give us a validation number which we will let people know of on our forum and we would then ask if as many of our followers as possible send in support letters for our cause. Keep an eye on our forum for further information.

We've recently been visited by our local SNP councillor (who voted for us at the last application) and we are pleased that MSP Roseanna Cunningham will also be visiting our kennels soon. We hope for their support in this matter.

At the beginning of March we held the first of our monthly walks of the year at Ravenscraig park in Kirkcaldy. The weather was wonderful (hopefully this is an omen for future walks !!!) as to was the walk and history lesson given by Jimmy on the way round ! so you don't only get fit at our walks you also get educated as well !!!

We must especially thank a few people who have helped our cause both on the day and over the month. First of all Fiona who once again running our lucky numbers draw. Her tireless efforts again raised **£177.80** over three months for the homeless dogs, thank you Fiona. The sum was increased by **£40** by Gary Wilson who very kindly donated his winnings to the homeless dogs. Thank you very much for that Gary.

Once again, thanks to Kate, the wonder woman of the raffle, who magically sold **£54** in tickets. Thank you Kate.

A surprise bonus was **£36** in donations for the dogs' welfare. Most of this came from Beth and Martin from Orkney who came down to the kennels and are re-homing Jill and Ella. Thank you very much guys and you are more than welcome to pop along to our kennels when you are next in the area.



The most surprising donation of all was the huge amount of tins of dog food donated to the dogs by Keith and Mark. That will keep the dogs eating for ages. Thank you guys very, very much indeed and finally thanks to Nic and Michele for donating the fantastic orchid for the raffle.

GRF appreciate all of those kind donations to our cause.

On the 11th March Jennifer Bruce organised a birthday walk for EDDIE



her greyhound and also raise funds for GRF. On a bright day the walk took place at formont hills in Glenrothes with people/dogs turning up receiving a "goodie bag" The walk was enjoyed by all and around £130 was raised for GRF !!

All at GRF extend our best wishes to EDDIE and hope he had a wonderful day with many doggie treats !! also a big thank you to Jennifer for organising this day.

Lucky number draw

The inception of this monthly draw has helped raise a lot of money to help GRF to ensure all our greys are well cared for while waiting to find their forever homes. Having this regular income allows us to plan better from month to month and for that we would like to thank everybody who has played each month, although there is still room for more !!! If anybody would like to take part in this draw or would like to get some more information then please feel free to speak to Fiona at any of our walks, alternatively email grfluckynumber@yahoo.co.uk

2012 winners to date:

January - number **7** was drawn belonging to **Gary Wilson** - **£40.00** for Gary and **£60.00** for GRF.

February - number **69** was drawn belonging to **Alex Morrison** - **£39.20** to Alex and **£58.80** to GRF.

March - number **51** was drawn belonging to **David Davies** - **£39.20** to David and **£58.80** to GRF

Congratulations to all and thanks to everyone who takes part.

DOG SHOW

We are now gearing up for this year's dog show however we are still a lot of items short to run our tombola which generates a lot of cash for our cause on the day. So we are urgently looking for items for this if you have any unwanted Christmas presents then please bring along. We will be

taking in items at all of our forthcoming walks leading up to the show or alternatively you can hand into our Baltree kennels.

On the day we are also hoping that as many of you as possible can bring along some home baking which is another favourite at the show!!!

Advanced ticket sales this year are down slightly on previous years while you can pay at the door on the day buying a ticket in advance does enter you into our free prize draw (make sure you put your contact details on back of tickets). Buying tickets in advance also helps us to plan better for the show and ensure we have sufficient food, seating and other facilities on the day. Tickets can be bought from myself at any of our forthcoming dog walks or from our Baltree kennels.

At the end of this newsletter is our flyer for this year's show we would appreciate if as many of you as possible could print off and post up in various areas across Fife and help us advertise our show and make it another success.



We are also trying to trace last year's winner Scott and Heidi if anybody knows them could they get them to get in touch with myself or our Baltree kennels

Although we will have our regular pre final raffle at the show we are also currently selling tickets for a wooden rocking horse from our Baltree kennels at each of our forthcoming walks in. the lead up to the show where it will be drawn cost £1 per strip.

Sponsorship opportunities:

To help us maximize exposure and revenue from our annual dog show we once again have some excellent sponsorship opportunities whether for individuals or for companies there is something for everyone.

All sponsorship will be acknowledged on our web site (with any company links) and show program along with any adverts and logos. A thank you certificate will also be sent to every sponsor.

We are still looking for sponsorship for a couple of items for our show



Hall sponsorship (£100)

Included in this price is all of the above sponsored items plus any advertisement around the hall and 4 free tickets for guests.

From the Dog house



SPANGLE is a big black dog. He is a happy-go-lucky dog who loves going out with you. He is easy to walk on a lead until he decides to go and smell something. You go with him! A nice natured dog who gets on well with his friends. He likes the company of people.

*Do you have it in you to give SPANGLE a new home Then contact Jimmy/Celia on **01592 890583**.*

Greyhound stories from around the World

Lucy, It Seems, Is Not Your Typical Greyhound

Last October, when my mother adopted a greyhound, I prepped her on what to expect. My pool of knowledge was based upon my own experience with Elvis, whom I adopted almost four years ago, and that practically makes me an expert. Doesn't it?

Greyhounds are lazy, I counseled. Although they're the third- fastest animal on earth, clocked at 40 mph, they're really couch potatoes. Her new dog might be shy at first. She'll be wary of other dogs because, during her tenure at the track, she only knew other greyhounds. She might not know how to play with toys or take a treat from Mum's hand. As a safety precaution, I suggested putting window decals on another foreign concept: glass doors. Lucy may not be housebroken, I cautioned. And initially, she may be reluctant to leave her crate.

When I adopted Elvis, one of my biggest challenges was getting him to relinquish the temporary crate I had assembled in my living room. A crate was the only home he had ever known and it was a couple weeks before he felt safe enough to poke his head out and explore the rest of the house. Be patient, I told Mum. Lucy will come around, but it'll take time.

Well, the only time Lucy took was to prove me a liar. That first night at Mum's, she took one quick look around and made a few prequalifying sniffs. Then, after determining that everything was up to greyhound standards and her personal satisfaction, she emulated Mormon pioneer Brigham Young when he stood over Salt Lake Valley and declared, "*This is the place.*" Obviously, Lucy decided the same. Before Mum ever decided to adopt the dog she was fostering, the little greyhound already knew she had found her new "forever" home.

There wasn't even time to set up the temporary crate before Mum and I were stunned to see a black and white blur racing through the house and using the hallway as a dog run. When nature called, Lucy sprinted to the sliding glass door and waited until Mum opened it. Upon her return, she made a beeline for the doggie toy box and selected a stuffed teddy bear. And then, with the toy tucked under her chin, she snuggled next to Holden, mum's Shar pei/chow/boxer mix, and promptly fell asleep.

Her jaw agape, Mum looked at me with a dubious expression. "I thought you said ...," she started. Uh, oh. Maybe Lucy wasn't your typical greyhound. I cleared my throat, wished Mum well and bid a hasty retreat. Secretly, I was a little concerned. I had set up expectations for a lazy, mellow dog like Elvis. What if 4-year-old Lucy proved to be too much for my 70-year-old mother? Over the next few days, I waited for the phone call commanding me to come and collect the dog.

But that call never came. Although she is as different from Elvis as Ozzy Osbourne is from Andy Williams, Lucy endeared herself to Mum. She also taught me that a breed's personality can no more be stereotyped than a human's.

Elvis was much more timid at first. During our initial weeks together, I worried about our lack of a connection. Our bond solidified only when my shy boy started trusting me and truly feeling he was, indeed, home.

Lucy, on the other hand, took right away to her new surroundings, forming an immediate attachment and fierce devotion to Mum. She settled right in, starting with the sofa, recliner and bed, even sleeping with her head on the pillow nose-to-nose with her new human. When I asked Mum if she tried booting Lucy off the bed, my sheepish mother confessed, "I kind of like it."

Unlike Elvis, who worships his La-Z-Dog recliner, Lucy is always ready to play, with a mischievous look on her perpetually cocked black-and-white face. Maybe it's a delayed reaction to a crated puppyhood. Maybe it's because she's three parts greyhound and, I suspect, one part kangaroo. She doesn't just walk: she boings, like she has Slinkies for paws. All through the house she bounces, chasing after Mom or playing with Holden and always, with a toy in her mouth. Eventually, she'll deliver the toy to the living room. Then she'll trot back to the family room, select another

toy and transfer it as well. Back and forth, she does this throughout the day until the toy box is empty. Then, when her dozen toys are scattered all over the living room, she lies among the heap and naps in a pool of sunshine. Every time I visit, Mum's living room looks like a Toys R Us aisle the day before Christmas.

"Why don't you just move the toy box to the living room?" I asked one day. "Doesn't matter," mum shrugged, amused at her dog's antics. "I tried that once. Lucy reversed the process and transferred all the toys to the family room." **Because apparently, it's not about the destination. It's the journey".**

Which is another thing I've learned from this newest greyhound in the family.

By Eileen Mitchell
SAN FRANCISCO

Adopting Greyhound Brood Matron's Louise and Nakita's Story



The question has been asked of me, "Why do I love adopting the older greyhounds?"

My answer is very simple, the senior brood matrons are very loving, extremely easy to integrate into "retirement" life and family life, plus they are willing to please like no other, and they make wonderful representatives at Meet and Greet.

I am proudly loved and owned by two, soon to be three, amazing senior greyhounds that Golden State Greyhound Adoptions has allowed me to take into my home. When I first was approached with the concept of adopting an older dog, I really wasn't interested in the idea, but after discussing it with my husband and family, we figured that we would give it a try. I was also aided with a picture of Louise, and one look at her sweet face, her dark eyes that are framed with white fur, we knew this was a decision that was made with love and respect for this magnificent breed of dog, that we have come to love and dedicate ourselves to. My only question was; would Louise fit in with our younger greyhounds and little dogs?

Louise was 9.5 years old when I adopted her and I was excited to go to the airport to pick her up. When she arrived out of the cargo area, I was feeling so sorry for this little red gal, she was shaking and nervous about what was going to happen to her, especially since all she has known is track life, having puppies and being in the system. As I opened Louise's crate, she hesitantly took her first step towards retirement and her first big leap into my heart. There was no looking back now, I was in love. Louise fit into my home within 30 minutes of arrival. She sniffed her new surrounding, her new companions and her new family. It almost seems as if she knew this was going

to be her forever home. Louise has made our sofas her permanent residence and we wouldn't have it any other way.

Our next senior brood that came into our lives is 8 year old Nakita. Nakita is a half sister to our Louise and in the same amazing senior brood fashion; she arrived into our home and came to a quick realization that this will be her forever home. Nakita has managed to pick out her favorite pet bed (she doesn't like the sofa life) and favorite squeaky toys within a couple of hours and has made herself a resident to retirement and our family. The love that these older gals give is just beyond anything I can explain. They are always willing to please, always ready to give you all of the love you need and are forever grateful to be by your side.

I can't thank Stu and Barbara Homer of Golden State Greyhound Adoptions for the amazing opportunities to love and spoil these much deserving seniors. I look forward to when Powie, my 11 year old senior arrives. These senior brood matrons can be addicting, but that is a good thing, one should never just have one amazing senior.

This story was submitted by greyhound owners Chris and Krewe

RECIPES

Apple Cinnamon Drops

Ingredients:

1 large apple
1/4 cup honey
1/2 cup of water
1/2 teaspoon cinnamon 1 cup oatmeal
1 1/2 cups whole wheat flour
1/8 cup whole wheat flour

Make them yourself:

Preheat oven to 350 ° F (180 ° C).

Core, slice and mince the apple (use a food processor if you have one). In a large bowl, combine the minced apple bits, honey, water, cinnamon, and oatmeal. Gradually blend in the wheat flour, adding enough to form a stiff dough.

In a small bowl, add 1/8 cup wheat flour. Spoon the dough by rounded teaspoon onto ungreased baking sheets, spacing about 2 inches (5cm) apart. Using the bottom of a glass dipped in the wheat flour (to prevent sticking), flatten each spoonful of dough into a circle. Adjust the size of the drops based on how big a treat you like to feed your dog.

Bake for 30 minutes. Remove from oven and flip each cookie to brown evenly on both sides. Reduce oven temperature to 325 ° F (180 °C). Return to oven and bake for an additional 30 minutes. Let cool overnight.

Makes about 3 dozen crunchy cookies, depending on how big you make them.

Muttloaf

Ingredients:

1/2 cup amaranth (or barley - see below)
1 1/2 cups chicken broth
1 1/2 pounds ground chicken - or turkey
1/2 cup cottage cheese
2 whole egg
1/2 cup wheat germ
1/4 cup carrot - finely chopped
1/4 cup spinach - finely chopped
1/4 cup zucchini - finely chopped
2 cloves garlic
1 tablespoon olive oil

Make them yourself:

Add amaranth and chicken broth to sauce pan and bring to a boil, reduce heat and simmer for 20 minutes. Set aside and let cool. Preheat oven to 350. In a large mixing bowl add meat, cottage cheese, veggies, and eggs. Mix thoroughly. Add wheat germ, cooled amaranth and olive oil mix well. Add mixture to loaf pan, bake at 350 for 1 hour or until done.

Note: Amaranth can be found in a health food store, if not use barley. Barley will need 4 cups of broth and 50 minutes to cook

Do you have any recipes that you would like to share with our readers then **why not** send in to alexmorrison@sky.com

Fun Zone

1. The investigator asked Jaclyn about her children. Jaclyn said "I have 3 daughters, Alice, Betty, and Cindy. The product of their ages is 36. The sum of their ages is the same as the street number of our next door neighbour."

The investigator went next door and came back and said: "Still not enough information". Jaclyn said: "Oh, I forgot to tell you that my oldest daughter is now in school".

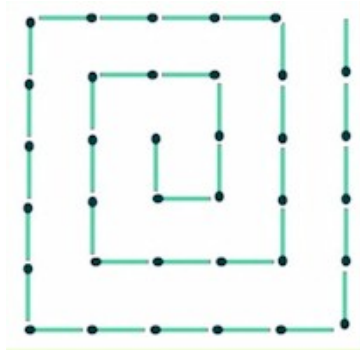
The investigator found out the ages of her daughters immediately. Do you know their ages?



2. There are 2 pitchers you can use to get 4 pints of water from a brook. One is 10 pints and the other is 16 pints. This puzzle is not difficult at all, but can you minimize the number times of pouring and emptying?



3. Move 4 matches to make 3 squares with different sizes.



4. There are Six 6s. Put any mathematical operator in the equation to make the target number of the equation equal to 100 **6 6 6 6 6 6 = 100**
-

Date for the Diary

- Sunday 1 April. **Loch Leven, Kinross**. Leaving Kirkgate Park at 11am.
- Sunday 6 May. **Perth North Inch**. Leaving Bells Sports Centre car park at 11am.
- **Sunday 13 May. GRF 5th Annual Dog Show**. At Caldwell's Farm Equestrian Centre, Collessie, near Auchtermuchty. Doors open 11am. **THE EVENT OF THE YEAR**.



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Greyhound Rescue Fife 5th Annual Dog Show

**On Sunday 13th May 2012,
At Caldwell's Farm, Collessie,
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Doors Open 11:00 First Class 11:30**

**Home Baking, Commercial & Refreshments Stalls
Available At The Show**

Prices

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Dog Entry

**Each Dog Costs
£1 In every class.**

Advanced Tickets

**Can Be Purchased at Our
GRF Baltree Kennels, Gairneybank,
Nr. Kinross, KY13 9JY**

Or by emailing

alexmorrison1965@btinternet.com

and they will be posted to you.

**Buying in advance You Will Be Entered
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www.greyhoundrescuefife.com

Email: fernijimmyf@aol.com Tel: 01592 890583